

# The Old Bakery

## Kingsbridge

The Old Bakery restaurant has a 21<sup>st</sup> century eating style in a building which dates back to the eighteen-hundreds and which started out as a bakery. The name has stayed the same in spite of the many uses the building has had. Now, and for some twelve years, its character is enhanced as a restaurant.

It is easy to find on Kingsbridge Quay, set back from the shops, behind wrought iron gates and a pretty courtyard and, once inside, you see a spread of fresh breads and olives on display. These are just some of the chef's produce which, like everything here, is made in-house. For their authentic Mediterranean dishes, fish meat and vegetable produce are sourced from growers on the continent, or from what is found locally. The dishes, with Mediterranean and Persian flavours, are rather like Tapas, but in bigger portions. We noticed how well the shared eating style suited the families with children that were present, as well as groups of friends and couples. Their dishes work very well if you happen to be dining alone.

Vegetarian dishes as well as vegan and gluten free needs are well catered for and you may phone in ahead to ask for other dietary requirements. The chef is happy to discuss food through the open kitchen.

From the dishes listed as starters, we enjoyed Hummus, a classic chipea dip but with lemon, garlic and pomegranate. Tatziki, a minted yoghurt and cucumber dip is another good choice. And from the mains, where chicken and lamb predominate, there were some delightful flavours. The Persian Lamb (roasted aubergine, stuffed with Persian spiced minced lamb) was superb. The meat and fish mains, and the deserts, are each priced between £5 and £8.50.

The summer opening time for dinner and drinks is 6:15 pm from Tuesday to Saturday. A good way to start is with one of their cocktails, or sherries. On the wine list you will find classic wines as well as some unusual grapes. You can choose to be outside at a courtyard table, indoors at a table downstairs, or upstairs where the beamed cathedral ceiling is lit with chandeliers, candles and tiny sparkling lights. The ambiance (and the background music) is easy. There is every reason to feel relaxed.

Party planning and catering for celebration events is offered by The Old Bakery and viewing their website is recommended to see how they host any special occasion.

The Old Bakery is tucked back from the Promenade, alongside the opticians at the lower end of Fore Street in Kingsbridge TQ7 1JD Telephone: 01548 855 777

And yes, they are fabulously dog friendly.